

**Start Your  
Year Off Right  
with a Boot Camp by  
Dwight!!!**



**Saturday Mornings  
At Macon Health Club!  
February 18—March 31**

**8:00 am—9:30 am**

**\$70 members & past participants**

**\$80 non-member or**

**\$14 per class!**

**Eat a  
Nutritious  
Breakfast  
BEFORE  
The  
Class!**

**Register at Macon Health Club or  
The Wellness Center**