



Nutrition Consultation Gift Certificates Now Available!

A Service of the Medical Center of Central Georgia

Proper nutrition can effect your health, the way you feel, weight and medical conditions. Let us help!

Give the Gift of Health

Nutrition Consults Services include:

- Nutrition Education
- Dietary Analysis
- Individualized Meal Planning
- Portion Control
- Guidelines for Medically based diets
- Weight Management

Pricing per hour session:

\$45— MCCG/CGHS Employees—Payroll Deductible!

\$50—Wellness Center/Macon Health Club Members

\$60—Non-WC/MHC Members

Bundle and SAVE!

Purchase 5 sessions & receive 10% discount;

10 sessions & receive 15% discount!

For more information, contact
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**THE
WELLNESS CENTER**
A service of The Medical Center of Central Georgia

**MACON
HEALTH CLUB**
A service of The Medical Center of Central Georgia